Some leaders choose to include an icebreaker question each week. If you would like to do this, there are a few different ways you can fit it in: an icebreaker can be used at the start of the meeting as parents are arriving, can be included in the sharing time (in addition to the high and low), or can be used after break to warm the Group up for the week’s discussion topic.

Some topic guides include icebreakers that tie directly into that topic. The questions in this appendix are more general questions, aimed at getting Group members to open up and share more about themselves and who they are, beyond being just “Paul’s mom” or “Sophie’s dad.” Learning more about each other’s histories and interests helps to build connections.

**Questions**

· Are you from this area originally, or did you move here from somewhere else? Why have you chosen to stay here (if you're from here), or why did you decide to move here?

· Tell about your family – do you have brothers or sisters? Do they have children? Are your parents living? Do they live close by or far away?

· How did you meet your partner?

· Describe the best vacation you've ever taken.

· If you could travel anywhere in the world, where would you go?

· If you could be any age, what would it be and why?

· Describe your best friend. What qualities do you appreciate most in a friend?

· What did you do before having a child?

· Describe your favorite book. (Or movie. Or TV show.)

· How big a family would you like to have? How many children?

· What is the single most important thing that you hope to teach or pass on to your child?

· What is the most valuable thing that your parents taught you?

· What do you like to do when you're alone?

· Name two of your best qualities, and also something you'd like to change about yourself.

· Name something you've always wanted to learn how to do, but as yet have not found the time.

· What is the most interesting place you have been to?

· What is the best gift you have ever received? What made it so special?

· What cheers you up when you feel sad?

· List three things you hope to accomplish in your life.

· What would be your ideal “date?”

· What is your favorite type of food? Favorite restaurant?

What’s the worst job you have ever had?